

Indiana School for the Blind and Visually Impaired

August 28, 2023 – September 1, 2023

Elementary/MS/HS Menu

Monday Breakfast

Pancakes or Assorted Cereal/Grahams and Yogurt, Fresh Fruit, Juice, Milk

Monday Lunch

Italian Calzone or Deli Sandwich or Chicken Spinach Entrée Salad or Soy Butter/Jelly, Green Beans, Side Spinach Salad, Assorted Fresh Veggies, Fresh Fruit and Canned Fruit, Milk

Monday Dinner

Teriyaki Chicken, Fried Rice, Vegetable, Fresh Fruit, Baker's Choice, Milk

Tuesday Breakfast

Sausage Egg Cheese Sandwich or Assorted Cereal/Grahams and Yogurt, Fresh Fruit, Juice, Milk

Tuesday Lunch

Bacon Cheeseburger or Deli Sandwich or Buffalo Chicken Salad or Soy Butter/Jelly, Green Beans, Jalapeno Corn, Baked Beans, Assorted Fresh Veggies, Fresh Fruit and Canned Fruit, Milk

Tuesday Dinner

Beef Pot Roast, New Potatoes, Vegetable, Fresh Fruit, Baker's Choice, Milk

Wednesday Breakfast

Banana Bread Slice or Assorted Cereal/Grahams and Yogurt, Fresh Fruit, Juice, Milk

Wednesday Lunch

Texas BBQ Sandwich or Deli Wrap or Chef Entrée Salad or Soy Butter/Jelly, Cheesy Potatoes, Broccoli, Fresh Fruit and Canned Fruit, Milk

Wednesday Dinner

Chicken Tetrazzini and Biscuit Stick, Vegetable, Fresh Fruit, Baker's Choice, Milk

Thursday Breakfast

Egg Patty with Cheese on Croissant or Assorted Cereal/Grahams and Yogurt, Fresh Fruit, Juice, Milk

Thursday Lunch

Philly Cheese Steak Sandwich or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Sweet Potato Fries, Roasted Brussels Sprouts, Assorted Fresh Veggies, Fresh Fruit and Canned Fruit, Milk

Thursday Dinner

Cook's Choice, Vegetable, Fresh Fruit, Baker's Choice, Milk

Friday Breakfast

Cinnamon Roll or Assorted Cereal/Grahams and Yogurt, Cinnamon Grahams/Yogurt, Fresh Fruit, Juice, Milk

Friday Lunch

Breaded Chicken Tenders or Deli Sandwich or Chicken Caesar Entrée Salad or Soy Butter/Jelly, Buttered Summer Squash, Potato Smiles, Assorted Fresh Veggies, Fresh Fruit and Canned Fruit, Milk

Sunday (Meal in Dorm)

Cook's Choice, Vegetable, Fruit, Cookie, Milk

*****Menu subject to change. 100% Whole Grain at Breakfast. Soy Butter and Jelly sandwich offered as alternative choice at lunch upon request. This institution is an equal opportunity provider.**